



November LUNCH



ALPHA INTERNATIONAL ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
October 31, 2016	November 1, 2016	November 2, 2016	November 3, 2016	November 4, 2016
	SLOPPY JOE Hamburger Bun Green Beans Grape Juice Raspberry Cookies Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Maple Baked Beans Fresh Fruit Mustard Ketchup Choice of Milk	CHEESE PIZZA Romaine Salad Light French Dressing Mixed Fruit Cup Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun Whole Kernel Corn Fresh Fruit Ketchup Mustard Choice of Milk
November 7, 2016	November 8, 2016	November 9, 2016	November 10, 2016	November 11, 2016
MINI CORN DOGS & CHICKEN FUN MIX French Fries Blended Fruit Juice Ketchup BBQ Sauce Choice of Milk	MEATBALL SUB Hot Dog Bun Garden Vegetables Tropical Fruit Pearls Choice of Milk	CRISPY CHICKEN FILLET Hamburger Bun Corn Fresh Baby Carrots Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk	ROTINI BAKE WITH MEATSAUCE Green Beans Fresh Fruit Choice of Milk	NO SCHOOL
November 14, 2016	November 15, 2016	November 16, 2016	November 17, 2016	November 18, 2016
WG CHICKEN NUGGETS WITH POTATO ROUNDS Diced Carrots Mixed Fruit Cup BBQ Sauce Ketchup Choice of Milk	CHEESE PIZZA Broccoli Pineapple Tidbits Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Tropical Veggie Juice Fresh Fruit Syrup Choice of Milk	CHILI Tortilla Chips Whole Kernel Corn Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHEESEBURGER Hamburger Bun Maple Baked Beans Green Pepper Slices Light Ranch Dressing Orange Juice Ketchup Mustard Choice of Milk
November 21, 2016	November 22, 2016	November 23, 2016	November 24, 2016	November 25, 2016
PIZZA DIPPERS Marinara Dipping Sauce Corn Grape Juice Choice of Milk	HOLIDAY MEAL** TURKEY W/STUFFING GRAVY MASHED POTATOES Garden Vegetables Strawberry Applesauce Chocolate Cookie Choice of Milk	NO SCHOOL	THANKSGIVING	NO SCHOOL
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
CHICKEN TENDERS W/SWEET POTATO PUFFS Peas & Carrots Orange Sorbet 100% Juice BBQ Sauce Ketchup Choice of Milk	SLOPPY JOE Hamburger Bun French Fries Grape Juice Ketchup Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Refried Beans Fresh Fruit Choice of Milk		

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

LOOK FOR NEW

FEATURED FOOD DAYS

INCLUDING:

-FRESH FEATURE FRIDAY
-MAKE YOUR OWN -BREAKFAST FOR LUNCH
-AROUND THE WORLD



ALPHA INTERNATIONAL ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
October 3, 2016	October 4, 2016	October 5, 2016	October 6, 2016	October 7, 2016
NO SCHOOL	CHICKEN TENDERS W/SWEET POTATO PUFFS Peas & Carrots Applesauce Cup BBQ Sauce Ketchup Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Corn Fresh Fruit Choice of Milk	CHEESE PIZZA Romaine Salad Light Italian Dressing Mixed Fruit Cup Choice of Milk	RIB B QUE Hamburger Bun Golden Potato Rounds Fresh Fruit Ketchup Choice of Milk
October 10, 2016	October 11, 2016	October 12, 2016	October 13, 2016	October 14, 2016
MINI CORN DOGS & CHICKEN FUN MIX French Fries Blended Fruit Juice Ketchup BBQ Sauce Choice of Milk	*TRY IT TUESDAY! MEATBALL SUB Hot Dog Bun Sweet Maple Butter Carrots Diced Peaches Choice of Milk	NO SCHOOL	CHEESEBURGER MAC Country Blend Vegetables Fresh Fruit Choice of Milk	PEPPERONI PIZZA WRAP Broccoli Florets Fat Free Ranch Dressing Pineapple Tidbits Choice of Milk
October 17, 2016	October 18, 2016	October 19, 2016	October 20, 2016	October 21, 2016
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Garden Peas Strawberry Fruit Pearls Choice of Milk	CHEESE PIZZA Broccoli Pineapple Tidbits Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Golden Potato Rounds Orange Juice Syrup Ketchup Choice of Milk	SANTA FE CHICKEN Tortilla Chips Whole Kernel Corn Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER Hamburger Bun Italian Bean & Corn Salad Green Pepper Slices Light Ranch Dressing Fresh Fruit Ketchup Mustard Choice of Milk
October 24, 2016	October 25, 2016	October 26, 2016	October 27, 2016	October 28, 2016
FOOD DAY CHICKEN WINGS Southwest Corn Orange Sorbet 100% Juice BBQ Sauce Pumpkin Chocolate Chip Mini Loaf Choice of Milk	TURKEY BURGER WITH POTATO WEDGES Hamburger Bun Green Beans Strawberry Applesauce Ketchup Light Mayonnaise Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Ranch Dressing Mixed Fruit Cup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun Garden Vegetables Fresh Fruit Mustard Ketchup Choice of Milk	NO SCHOOL
October 31, 2016	November 1, 2016	November 2, 2016	November 3, 2016	November 4, 2016
CHICKEN TENDERS WITH POTATO WEDGES Peas & Carrots Applesauce Cup BBQ Sauce Ketchup Choice of Milk				

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Mediterranean Green Beans

LUNCH

Italian Rotini Bake

Rib-B-Que

AROUND THE WORLD DAY: WHAT FLAVOR OF THE WORLD DO YOU WANT TO TASTE?

ALPHA INTERNATIONAL ACADEMY

October 2016



20 minutes of reading every day increases fluency by 25%

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 <i>No School</i>	4	5 fundraiser \$1 	6	7 <i>Dress Down \$2</i>	8
2						
9	10	11	12 <i>No School</i>	13	14 <i>Dress Down \$2</i>	15
16	17	18	19 fundraiser \$1 	20	21 <i>Dress Down \$2</i>	22
23	24	25	26 fundraiser \$1 	27 Early Release	28 <i>No school (employees only)</i>	29
30	31 PTA 6:00pm					
	WE	ARE	A	TITLE I	SCHOOL I	